



Dance Academy (CM)

The Roselle Dance Academy's goal is to create a safe space for self-expression through movement. Dancers can come to improve their skills and technique through our various classes offered. Dancers will learn self-confidence and teamwork throughout their classes, which can be translated through other aspects of their lives. We are here to help dancers improve their skills and have a great time doing so.

Private & Semi Private Dance Lessons (CM)

All Ages

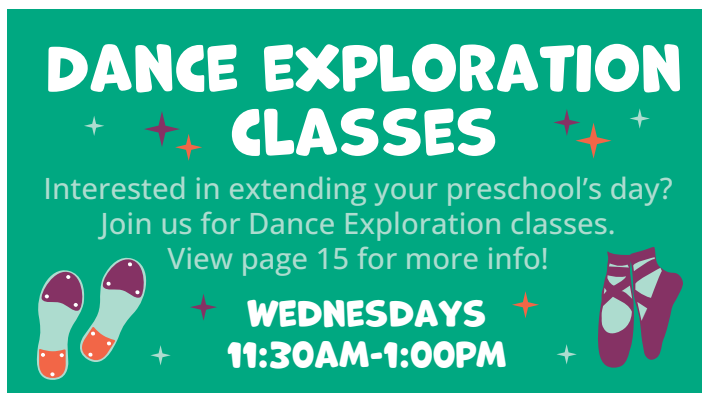
Private and semi-private lessons are offered. These 30-minute lessons are designed for dancers who would like to get more individualized instruction on technique, skills and choreography. The instructor of your choice will help to better prepare your dancer for their class and/or performance. Lessons are scheduled based on dancer, instructor schedule and room availability.

Registration Deadline: September 11, 2023

MIN/MAX: 1/4 • **LOC:** Sycamore Dance Studio

FEE: \$30/dancer per half hour lesson

Discounted rate for package of 10 lessons: \$250



Dance Academy (CM)

BALLET

Ballet is the basis of all forms of dance. We highly recommend every dancer take a ballet class as it will create a solid foundation for all other styles. This class is structured to incorporate technique, flexibility, body alignment, poise, and terminology. Ballet is the core of all dance techniques and will help dancers planning to pursue higher levels of dance. **Attire:** Leotard, tights, skirt, fitted top, fitted pants/shorts, pink ballet shoes.

ACRO

Acro is a free-formed style of dance and gymnastics. This class is structured to focus on stretching and gymnastics tricks, while also incorporating fun dance moves. This is a high-energy class in which dancers will learn to move with music to a variety of different combinations. **Attire:** Leotard, tights, fitted top, fitted pants/shorts, footundeez/barefoot.

HIP HOP

Hip Hop is a fun, upbeat, and free-formed style of dance. This highenergy class is structured to teach dancers body isolations, and how to move their body in sharp percussive movements as well as smooth and softer movements. **Attire:** Leotard, tights, fitted top, fitted pants/shorts, black or white gym shoes.

JAZZ

Jazz is a fun and upbeat class which demonstrates technique, body alignment, flexibility, and musicality. It combines techniques from ballet with its own special style and movements. This class will focus on the importance of energy, rhythmical accuracy, and style. **Attire:** Leotard, tights, fitted top, fitted pants/shorts, tan jazz shoes.

POMS

Poms is a class that teaches dancers how to use strong motions, formations, and visual effects to create an energetic routine. This style of dance is based on cheer movements with a focus on dance technique. Dancers will learn skills such as jumps, turns, tilts, needles, and much more. **Attire:** Leotard, tights, fitted top, fitted pants/shorts, tan jazz shoes.

TAP

Tap is an extremely unique style of dance. This class incorporates creating different sounds with your feet while learning the terminology and techniques involved. This class will help dancers to learn rhythm, coordination, and counting music. **Attire:** Leotard, tights, fitted top, fitted pants/shorts, black tap shoes.

ADULT TAP

It's never too late to put on your tap shoes! Adult Tap is a class created to reignite an interest in tap dancing. Whether you have never tapped before, or used to tap back in the day, all are welcome. This class will focus on providing exciting tap routines and exercises to engage new and returning learners. **Attire:** Athletic fitted tops, fitted pants/shorts, and black tap shoes

Hair must be pulled back and out of the face (ex. ponytail, bun) for all classes.



Tiny Dancers (CM)

PARENT & ME

This dance class is designed for children who are new to dance, along with a parent or caregiver. This class will focus on dance movement, hand eye-coordination, and basic dance techniques. The main goal of this class is for the child to gain confidence in the classroom and become comfortable with the dance environment. Fee is per child. Maximum two children per adult.

TWIRLING TOTS

Twirling Tots is a 30-minute class designed for our youngest dancer who is eager to learn the basics of dance by using interactive songs and props. Dancers will learn basic dance and creative movements along with listening and social skills. *DANCERS SHOULD BE ABLE TO PARTICIPATE IN CLASS INDEPENDENTLY.*

ITTY BITTY BALLET

Itty Bitty Ballet is a 30-minute class designed for our young dancers who are ready to learn the basics of ballet. Dancers will learn the basic ballet skills, understand musicality, and improve their listening and social skills. *DANCERS SHOULD BE ABLE TO PARTICIPATE IN CLASS INDEPENDENTLY.*

JUNIOR JAZZ

Junior Jazz is a beginner class that is fun and upbeat. It combines techniques from ballet with its own special style and movements. This class will focus on the importance of energy, rhythmical accuracy, and style. *DANCERS SHOULD BE ABLE TO PARTICIPATE IN CLASS INDEPENDENTLY.* **Attire:** Leotard, tights, fitted top, fitted pants/ shorts, tan jazz shoes.

MINI POMS

This is an introduction to poms with a style of dance that is based on cheer movements, with a focus on dance technique. *DANCERS SHOULD BE ABLE TO PARTICIPATE IN CLASS INDEPENDENTLY.* **Attire:** Leotard, tights, fitted top, fitted pants/ shorts, tan jazz shoes.



MONDAY**No Class 11/20*

CLASS	ID#	AGE	TIME	DATES	FEE	LOC
Itty Bitty Ballet	224501-E1	3-5	4:30-5:00pm	9/11-12/4	R \$75/NR \$85	Sycamore Dance Studio
Ballet I	224505-A	5+	5:00-6:00pm	9/11-12/4	R \$150/NR \$160	Sycamore Dance Studio
Ballet II	224505-B	8+	6:00-7:00pm	9/11-12/4	R \$150/NR \$160	Sycamore Dance Studio
Jazz II	224502-B	8+	6:00-7:00pm	9/11-12/4	R \$150/NR \$160	CRC Maple South
Tap II	224508-B	8+	7:00-8:00pm	9/11-12/4	R \$150/NR \$160	Sycamore Dance Studio

TUESDAY**No Class 11/21*

CLASS	ID#	AGE	TIME	DATES	FEE	LOC
Itty Bitty Ballet/Tap	224501-F1	3-5	4:30-5:00pm	9/12-12/5	R \$75/NR \$85	Sycamore Dance Studio
Jazz I	224502-A	5+	5:00-6:00pm	9/12-12/5	R \$150/NR \$160	Sycamore Dance Studio
Tap I	224508-A	5+	6:00-7:00pm	9/12-12/5	R \$150/NR \$160	Sycamore Dance Studio
Adult Tap	224520-A	18+	7:00-8:00pm	9/12-12/5	R \$150/NR \$160	Sycamore Dance Studio

WEDNESDAY**No Class 11/22*

CLASS	ID#	AGE	TIME	DATES	FEE	LOC
Mini Poms	224501-D1	3-5	4:30-5:00pm	9/13-12/6	R \$75/NR \$85	Sycamore Dance Studio
Poms I	224511-A	5+	5:00-6:00pm	9/13-12/6	R \$150/NR \$160	CRC Maple
Poms II	224511-B	8+	6:00-7:00pm	9/13-12/6	R \$150/NR \$160	Sycamore Dance Studio
Acro I	224504-A	5+	5:00-6:00pm	9/13-12/6	R \$150/NR \$160	Sycamore Dance Studio
Acro II	224504-B	8+	7:00-8:00pm	9/13-12/6	R \$150/NR \$160	Sycamore Dance Studio

THURSDAY**No Class 11/23*

CLASS	ID#	AGE	TIME	DATES	FEE	LOC
Junior Jazz/Hip Hop	224501-C1	3-5	4:30-5:00pm	9/14-12/7	R \$75/NR \$85	Sycamore Dance Studio
Hip Hop I	224506-A	5+	5:00-6:00pm	9/14-12/7	R \$150/NR \$160	Sycamore Dance Studio
Hip Hop II	224506-B	8+	6:00-7:00pm	9/14-12/7	R \$150/NR \$160	Sycamore Dance Studio
Hip Hop III	224506-C	11+	7:00-8:00pm	9/14-12/7	R \$150/NR \$160	Sycamore Dance Studio

SATURDAY**No Class 10/7 & 11/25*

CLASS	ID#	AGE	TIME	DATES	FEE	LOC
Parent & Me	224501-A1	1-3	9:00-9:30am	9/9-12/9	R \$75/NR \$85	Sycamore Dance Studio
Twirling Tots	224501-B1	2-3	9:30-10:00am	9/9-12/9	R \$75/NR \$85	Sycamore Dance Studio
Itty Bitty Ballet	224501-E2	3-5	10:00-10:30am	9/9-12/9	R \$75/NR \$85	Sycamore Dance Studio
Mini Poms	224501-D2	3-5	10:30-11:00am	9/9-12/9	R \$75/NR \$85	Sycamore Dance Studio

If you are unsure of what level classes to enroll in, please contact Recreation Supervisor, Catherine Mojsiewicz at cmojsiewicz@rparks.org or at (630) 894-1034.

Registration Deadline: Three days prior to start date.